

Western Region Resources

Alaska

- Alaska AFL-CIO http://www.akaflcio.org/
- Alaska Unemployment Benefits https://labor.alaska.gov/unemployment/
- Alaska Department of Labor https://labor.alaska.gov/
- Food Bank of Alaska https://foodbankofalaska.org/
- Alaska Food Pantries https://anchoragefood.org/
- Alaska Salvation Army https://westernusa.salvationarmy.org/alaska/
- Alaska United Way https://www.unitedway.org/local/united-states/alaska
- Alaska Red Cross https://www.redcross.org/local/alaska.html

Arizona

- Arizona AFL-CIO http://www.azaflcio.org/
- Arizona unemployment benefits https://des.az.gov/services/employment/unemployment-individual
- Arizona foodbank network https://azfoodbanks.org/
- Industrial Commission of Arizona https://www.azica.gov/
- Arizona Department of Health https://www.azdhs.gov/
- Arizona Catholic Charities https://www.azdhs.gov/
- Arizona Salvation Army https://arizona.salvationarmy.org/
- Arizona United Way https://www.unitedway.org/local/united-states/arizona
- Arizona Red Cross https://www.redcross.org/local/az-nm.html

California

- California AFL-CIO https://aflcio.org/get-local/california
- California Unemployment Benefits https://edd.ca.gov/en/unemployment/
- California Food Banks https://www.cafoodbanks.org/our-members/
- California Mortgage Relief https://www.housing.ca.gov/
- California Department of Labor https://www.labor.ca.gov/
- California Department of Public Health https://www.cdph.ca.gov/
- California Catholic Charities https://catholiccharitiesca.org/
- California Salvation Army https://socal.salvationarmy.org/southern-california/
- California United Way https://unitedwaysca.org/
- California Red Cross https://www.redcross.org/local/california/southern-california.html

Colorado

- Colorado AFL-CIO https://coaflcio.org/
- Colorado Unemployment Benefits https://cdle.colorado.gov/unemployment
- Colorado Food Banks https://www.hud.gov/states/colorado/homeless/foodbanks
- Food bank of the Rockies https://www.foodbankrockies.org/find-food/
- Colorado Department of Labor and Employment https://cdle.colorado.gov/
- Colorado Department of Human Services https://cdhs.colorado.gov/
- Colorado Catholic Charities https://www.ccharitiescc.org/
- Colorado Salvation Army https://denver.salvationarmy.org/
- Colorado United Way https://www.unitedway.org/local/united-states/colorado
- Colorado Red Cross https://www.redcross.org/local/colorado.html

Hawaii

- Hawaii AFL-CIO https://www.hawaflcio.org/
- Hawaii Unemployment https://labor.hawaii.gov/ui/
- Hawaii Department of Labor https://labor.hawaii.gov/
- Hawaii food bank https://hawaiifoodbank.org/
- Hawaii Department of Health https://health.hawaii.gov/
- Hawaii Catholic Charities https://www.catholiccharitieshawaii.org/
- Hawaii Salvation Army https://hawaii.salvationarmy.org/
- Hawaii United Way https://www.auw.org/
- Hawaii Red Cross https://www.redcross.org/local/hawaii.html

Idaho

- Idaho AFL-CIO https://idahoafl-cio.org/
- Idaho Unemployment Benefits https://www.labor.idaho.gov/dnn/Unemployment-Benefits
- Idaho Department of Labor https://www.labor.idaho.gov/
- Idaho Department of Health and Welfare https://healthandwelfare.idaho.gov/
- Idaho Catholic Charities https://www.ccidaho.org/
- Idaho Salvation Army https://boise.salvationarmy.org/
- Idaho United Way https://www.unitedway.org/local/united-states/idaho
- Idaho red cross https://www.redcross.org/local/idaho.html

Montana

- Montana AFL-CIO https://www.mtaflcio.org/
- Montana Department of Labor https://dli.mt.gov/
- Montana Department of Health and Human Services https://dphhs.mt.gov/
- Montana Food Bank Network https://mfbn.org/
- Montana Salvation Army https://westernusa.salvationarmy.org/intermountain_us_west/montana/
- Montana United Way https://www.unitedway.org/local/united-states/montana
- Montana Red Cross https://www.redcross.org/local/montana.html

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Nevada

- Nevada AFL-CIO https://nv.aflcio.org/
- Nevada Unemployment Insurance https://ui.nv.gov/css.html
- Nevada Department of Labor https://labor.nv.gov/
- Nevada Department of Health and Human Services https://dhhs.nv.gov/
- Nevada Food Pantries https://www.foodpantries.org/st/nevada
- Nevada Salvation Army https://www.salvationarmysouthernnevada.org/
- Nevada United Way https://www.unitedway.org/local/united-states/nevada
- Nevada Catholic Charities https://www.catholiccharities.com/
- Nevada Red Cross https://www.redcross.org/local/nevada.html

New Mexico

- New Mexico AFL-CIO https://nmfl.org/
- New Mexico Unemployment https://www.dws.state.nm.us/Unemployment
- New Mexico Department of Workforce Solutions https://www.dws.state.nm.us/en-us/
- New Mexico Department of Human Services https://www.hsd.state.nm.us/
- New Mexico Association of Food Banks https://www.nmfoodbanks.org/
- New Mexico Salvation Army https://newmexico.salvationarmy.org/
- New Mexico United Way https://www.unitedway.org/local/united-states/new-mexico
- New Mexico Catholic Charities https://www.ccasfnm.org/
- New Mexico Red Cross https://www.redcross.org/local/az-nm/about-us/locations/new-mexico.html

Oregon

- Oregon AFL-CIO https://www.oraflcio.org/
- Oregon Unemployment Insurance https://www.oregon.gov/employ/unemployment/pages/default.aspx
- Oregon Department of Labor https://www.oregon.gov/boli/pages/index.aspx
- Oregon Department of Human Services https://www.oregon.gov/dhs
- Oregon Food Bank https://www.oregonfoodbank.org/
- Oregon Salvation Army https://portland.salvationarmy.org/
- Oregon United Way https://www.unitedway.org/local/united-states/oregon
- Oregon Catholic Charities https://www.catholiccharitiesoregon.org/
- Oregon Red Cross https://www.redcross.org/local/oregon.html

Utah

- Utah AFL-CIO https://utahaflcio.org/
- Utah Unemployment Insurance https://jobs.utah.gov/ui/home
- Utah Department of Workforce Services https://jobs.utah.gov/
- Utah Department of Health and Human Services https://dhhs.utah.gov/
- Utah Food Banks https://www.utahfoodbank.org/find-a-pantry/
- Utah Salvation Army -https://westernusa.salvationarmy.org/intermountain_us_west/utah/
- Utah United Way https://unitedwayuc.org/
- Utah Catholic Charities https://ccsutah.org/programs
- Utah Red Cross https://www.redcross.org/local/utah.html

Washington

- Washington AFL-CIO https://www.wslc.org/
- Washington Unemployment Benefits https://esd.wa.gov/unemployment
- Washington Department of Labor and Industries https://www.lni.wa.gov/
- Washington Department of Social and Health Services https://www.dshs.wa.gov/
- Washington Food Banks https://agr.wa.gov/services/food-access/access-food-near-you
- Washington Salvation Army https://northwest.salvationarmy.org/ /
- Washington United Way https://www.unitedway.org/local/united-states/washington
- Washington Catholic Charities https://ccsww.org/get-help/
- Washington Red Cross https://www.redcross.org/local/washington.html

Wyoming

- Wyoming AFL-CIO https://www.wyomingaflcio.org/
- Wyoming Unemployment Insurance https://dws.wyo.gov/dws-division/unemployment-insurance/
- Wyoming Department of Workforce Services https://dws.wyo.gov/
- Wyoming Department of Family Services https://dfs.wyo.gov/
- Wyoming Food Banks https://wyomingfoodbank.org/
- Wyoming Salvation Army https://westernusa.salvationarmy.org/intermountain_us_west/wyoming/
- Wyoming United Way https://www.unitedway.org/local/united-states/wyoming
- Wyoming Catholic Charities https://charitieswyoming.org/
- Wyoming Red Cross https://www.redcross.org/local/wyoming.html